

# **Lorena Fernandez, Ph.D., REACE®**

Artist / Coach / Registered Expressive Arts Consultant & Educator

<https://lfcreative.org/>

Lorena Fernandez is an interdisciplinary artist, author and educator residing between Houston, Texas, USA and Amsterdam, the Netherlands. Her artworks have been exhibited and collected in Venezuela, United States, Singapore, Switzerland, Norway, Germany and the Netherlands.

## **EDUCATION**

### **2013 Ph.D. Arts, Health and Society - *summa cum laude***

European Graduate School EGS in Saas-Fee, Switzerland

Dissertation: *The Effects of Expressive Arts on Decision-Making: Sensemaking in Situations of Complexity and Ambiguity.*

### **2005-2007 Certificate in Person-Centered Expressive Arts for Healing and Social Change**

Saybrook Graduate School and Research Center, San Francisco, California, USA. 400 hours.

### **2001 Master of Arts in the Humanities**

California State University Dominguez Hills Carson, California, USA

Thesis: *"Sociological Content of the Paintings of Mexican Artist Frida Kahlo: The Plight of the Disabled, Feminism and her political ideology."*

### **1994 Texas A&M University Texas A&M University**

Bachelor Science, Industrial Engineering

Academic Achievement Award, fall 1993 - European Tour for Engineering Student sponsored by Texas A&M and Ruhr-Universität Bochum, Germany, 1991

## **PUBLISHED BOOKS**

1. Art and Self-Creation: The Roots of Creativity and Innovation (Think Media: EGS Media Philosophy Series) Atropos Press, New York, USA & Dresden, Germany.
2. How To Exist, An Impractical Guide: Como Existir, Guía Impráctica (English and Spanish Edition)
3. Spiritual Healing with Art - Curación Espiritual con Arte - (English and Spanish Edition)

## **VISUAL ARTS EXHIBITS AND PERFORMANCES**

**2021 September - GOOD, SEX AND THE BODY – Paintings Installation at Studio 150 Bethlehemkerk** church turned concert venue in Amsterdam, Netherlands.

**2021 June - 5 YEAR ANNIVERSARY REMEMBRANCE PULSE NIGHTCLUB TRAGEDY Sculpture and painting** Exhibition in Austin, at the **Texas State Capitol Building.**

**2019 October - CYCLES OF LIFE Paintings Installation** at the **Van Houtenkerk**, a church building in the North Holland town of Weesp, Netherlands.

**2019 September – LOST WORLDS** Paintings exhibition at **Kunsthaus Dreho** in Korschenbroich, Germany.

**2017 May - State of the ART Shows** Art and poetry reading at Rockstar Gallery! Houston, Texas, USA.  
<https://www.facebook.com/RockStarArtGallery/>

**2016 December - CHAOS** Art and poetry exhibition. **JOMAR Visions Gallery** in Houston, Texas, USA.

**2016 October – Poetry Performance Sor Juana Inés de la Cruz Love Poems: Music and Poetry** the *Flamenco Poets Society* and the *Houston Composers Salon* presented at the **MATCH Midtown Arts Center** Houston, Texas, USA. Literary performance in collaboration with cultural organizations consisting of live music, dance and bilingual readings introducing the works of Latin American poets to the Houston community.

**2015 April - Poetry Performance of Caribbean, feminist poets Julia De Burgos and Nancy Morejon** with the Flamenco Poets Society at the Brazilian Arts Foundation. Houston, Texas, USA. Literary performance in collaboration with cultural organizations consisting of live music, dance and bilingual readings introducing Latin American poets to the Houston community.

**2015 April Group Painting Exhibition Spectra Art Gallery**, Houston, Texas, USA.

**2012 September Group Painting Exhibition Betz Art Gallery**, Houston, Texas, USA.

### **TEACHING, COACHING, FACILITATING**

**2019 May – COLLAGE WORKSHOP** for the Amsterdam International Women network A.I.W, in Amsterdam, Netherlands.

**2019 April – PORTRAIT OF YOUR BUSINESS WORKSHOP** for the Amsterdam Women Entrepreneurs, in Amsterdam, Netherlands.

**2016 July - Organized the 2nd INTERNATIONAL PERSON-CENTERED EXPRESSIVE ARTS SYMPOSIUM** in collaboration with Dr. Janet Rasmussen in Sonoma, California, USA.

**2016 February – Open Lecture at Galerie Spectra** Expressive Arts, Jung's Shadow and Self-liberation. Houston, Texas, USA.

**2015 November – EMPOWERING WOMEN WORKSHOP** for the faculty of Houston Community College System in conjunction with the Lecture Series Empowering Women. Houston, Texas, USA.

**2020 LFcreative.org – Artist, Coach, and Expressive Arts Educator** Houston Texas, USA and Amsterdam, Netherlands. 2005 - 2022

**2016 Houston Community College System** Humanities Professor 2016-2018 Houston, Texas, USA

**2015 Global Center for Advance Studies GCAS** Institute of Critical Philosophy 2015 Guest Lecturer:  
"Desire and its Shadow" Carl Jung's concept of the unconscious shadow aspect and it's applications for  
An Expressive Arts practice.

#### **OTHER WORK**

**Royal Embassy of Spain - Commercial Office** 1997 Singapore South-East Asia  
Present Spanish products to Singapore audiences. Translations, market research, event planning.

**Texloc, LTD Manufacturers of fluorocarbon, FEP, PFA, PTFE Tubing** Industrial Engineer  
1996 Fort Worth, Texas, USA. Created (wrote & illustrated) production procedure manuals that allowed  
*TEXLOC, LTD* to become ISO certified. Technical buyer of laser and ultrasound systems. Technical  
installation of laser and ultrasound systems.

**Kvaerner National, Division of Kvaerner Singapore Pte Ltd** Production Planner  
*Manufacturer of systems and components used in oil and gas drilling and production*  
1995 Singapore South-East Asia. Production Planner/Scheduler: Day to day production planning and  
scheduling. Technical evaluation of shop efficiencies.